

# South Carolina Association of Community Action Partnerships Early Head Start Child Care Partnerships

## Mental Health/Disabilities Referral Form

This is for any individual who observes a concerning behavior in regard to one's mental or social emotional health, as well as any concerns in regard to a disability.

Center Name:

Please choose which best describes your role:

Teacher  Parent  Director  Teacher Mentor  Family Advocate  EHS Staff

Name of Child or Family:

Name of Referrer:

Date:

Time:

am  pm

Contact Number (Optional):

1. Does the child present areas of concern with social emotional regulation (e.g. temper tantrums, aggression towards peers, biting, prolonged crying)?

Yes  No

2. Does the child show concerning behaviors that one would attribute to a disability (e.g. hand flapping, fixation with objects, prolonged dissociative staring)?

Yes  No

3. Does the child have a previously diagnosed disability?

- Yes  No  Unknown

4. Have you witnessed the following signs and symptoms? (Check all that apply)

- Frequent temper tantrums  Inability to be comforted/soothed  Physical aggression  
 Biting  Distress when dropped off  Lack of social interaction  Delay in speech  
 Delay in reaching milestones  None of the above  Other

5. How often do you observe the behaviors? (If applicable)

- Rarely  Once or Twice each month  Once per week  A few times per week  
 Daily  Multiple times per day  Always

6. If this referral is not for a child, their parent, or family, but instead for a staff member please note their position here

- Teacher  Teacher Mentor  Family Advocate  Director  EHS Staff  
 Other

Additional comments or observations

**Please complete this form and it will be forwarded to Kyra Mathis, LMSW, Early Head Start's Mental Health Disabilities Specialist**

**South Carolina Association of Community Action Partnerships Early Head Start Child Care Partnerships 2711 Middleburg Drive Suite 208 Columbia, SC 29204 | Phone: 803-401-5490 | [www.scacap.org](http://www.scacap.org)**